

CV



E L E N I
D A N E S I

2015-2024

phone: 0030- 6937 30 38 12

e-mail: danesi.eleni@gmail.com

WWW.ELENIDANESI.COM

DIRECTOR OF MULTISCAPES LAB
INTERDISCIPLINARY ARTIST
INDEPENDENT MOVEMENT & PERCEPTION RESEARCHER
ARCHITECT

BIOGRAPHY

Eleni Danesi is a transdisciplinary artist and architect whose work explores the intersections of body, space, materiality, and perception. Through research-led practice, she integrates architecture, performance, somatic studies, and environmental narratives to investigate the affective relations between bodies and their environments. Her projects, ranging from installations and performances to educational initiatives, propose imaginative approaches to spatial and social transformations. Danesi holds master's degrees in Architecture and Conceptual Architecture and is the founder of Multiscapes Lab, an experimental platform for embodied research and eco-social activism.

Her recent projects include the exhibition Interp[ae]c(i)es: An Archaeology of Future Anatomies, exploring radical imagination and spatial anatomy through AI-generated digital images, and Dreaming of (e)CO-Realities, imagining utopian ecologies through art and architecture.

She has collaborated with institutions like Urban Nation (DE), Ars Electronica (AT), and Redsapata (AT), Art Magazine (AT), Lernlabor (DE) on the role of imagination in social and environmental change.

Eleni is a research associate at MKRZ LAB in Austria and an integration consultant for Making is Thinking: Alternative Lab for Future Skills and Making as a Method in Education. She is also coordinating her new research project, Embodied Un-Design Thinking, and the program Start Where You Are in embodied leadership coaching.

She is one of the founding members of the CCSI non-profit cooperative in Greece, Panjika Cooperative for eco-social sustainability and regeneration of ecological and social resources.

STUDIES

Year	What	Where	Subject
2020-2021	Somatic Architecture & Neuroscience	PSAAP University of San Pablo, Madrid	Research on the perception of movement Somatics, Architecture & Phenomenology
2012-2015	Post Graduate Architectural Studies “Symbiosis”	UNIVERSITY OF THESSALY School of Architecture	Symbiotic systems in Architectural design.
2005-2011	Architecture	National Technical University of Athens	Architectural design and Composition
2022- 2024	Embodied Leadership Coaching Trainings	Coaches Rising	Somatic coaching & Neuroscience The neuroscience of Change The Power of Embodied Transformation
2004-2011	Somatic & Movement Practice	Various Places & Studies	Movement-Space research Movement Arts & Neuroscience
other:	Music Studies	Ars Musicalis Conservatory, Athens	Diploma in Classical Piano and Music Theory

LATEST WORK

2024-'25 **Multiscapes LAB**, neuroscience coaching, and Embodied cognition consulting for Creative and cultural professionals, through performative ecosocial activism.

2023 - today **Collaboration with mkrz lab**, as an Architect consultant and Artist. In detail: In an interdisciplinary open innovation process, more than twenty project participants from a wide range of disciplines worked on new approaches and methods on the topic: How can manual work challenge and promote future skills? Participating individuals and institutions from the Linz area included the University of Art and Design Linz, the Institute for Space and Design, the Social Initiative Linz, the Innovationshauptplatz Linz, the Tabakfabrik Linz, ORG ROSE-Linz, the Artmagazin art association, an art therapist, an occupational therapist, and a member of the Festival of Regions team. My role in the core team, as an architect, artist, performance artist, and embodiment expert, was to integrate and ensure the perspectives of space and body and to increasingly open up artistic perspectives in the design of the formats of the open innovation process.

Project realized between 2023-2025:

- 5 Open Innovation Days, Highlight: The Universe of Affective Materialities, which was presented and published at the Ambiances Congress, in Lisbon 2025.
- Creative session “Mini Formats” on Space Weaving, Intuitive carving, Attention Mapping,
- Body prototyping is a method to explore and process social bias and promote inclusion and reflect on social “normativity”.
- Evaluation and research
- Making as a method for teaching, funded by the Ausbildungsfond of AK Oberösterreich

2024 Ars Electronica, Match Making SessionLab, building connections between International Artists and Sustainable industries

2024 **INNERSCAPES, interdisciplinary Research Festival** on Performing Arts, Architecture and the Neuroscience of Ecosocial Transformation, LatoMeio Project, GR

2024 **Evaluation Jury**, Redsapata Association , Linz. Selection process for Artists in Residency at Sonnenstein Loft.

2023 **Ars Electronica**, Founding IDSA, the new University for Digital Sciences, project coordination, speaker management, workshop evaluation.

2023 **GLAROS Multifunctional Space**, Founder of the Social non-profit initiative in Leonidio, to promote artistic and inter-cultural exchange.

2023 **Direction & Curation of LatoMeio Project Artists Residency “Dreaming of (e)CO-realities**, Leonidio, GR

2022 **Embodied Democracies**, creative research at URBAN NATION, Berlin, DE

2015-today **Panjika Cooperative** (founder, publisher and board of directors) Sustainable climbing activity in Leonidio, GR

CONFERENCES & PUBLICATIONS

- 2025 **Emerging Atmospheres: Sensorimotor Integration in Real-Time Design and Making in the Universe of Affective Materialities**: paper presentation and publication at the 5th International Congress on Ambiances « Sensory Explorations, Ambiances in a Changing World », October 2024, Universidade Lusófona, Lisbon.
- 2015 **Symbiosis**, Architectural research publications of the UNIVERSITY of THESSALY, Volos, GR

SYMPOSIUM

- 2022 **IMAGINARY GARDENS ACADEMY SYMPOSIUM**: Curator of the online symposium on Somatic Architecture, Embodied Democracies and other artistic practices of embodied resistance in the frame of the residency Picturing Democracy, by URBAN NATION, Berlin.

RESEARCH (INDEPENDENT)

2025 **Neuroaffective Landscapes**, the role of material qualities in cognitive and emotional processes. (current)

2024-'25 **Intersp[ae]c(i)es: an Archaeology of Future Anatomies**, behavioral research on how to reverse engineer human behavior using speculative future scenarios with the use of AI visualization. A research on the relationality between actions, movement, spaces and anatomies (structures) (Current)

2023-2024 **Modular Performances**, transdisciplinary *performances in Urban & Rural Landscapes*

2022-2025 **WOMB Architecture**, a psychoanatomical and architectural research on the depth of human origins and the relation to our first homespace: the WOMB

2020-2024 **Somatic Architecture and the Neuroscience of Spatial Perception**, artistic and architectural research for LatoMeio Project

2022-2024 **Embodied Democracy**, neuroaffective research on the impact of movement and materiality on the regulation of the nervous system/Developing a sense of safety and belonging through movement as a political enactment

2020-2025 **Thinking by Moving**, ongoing research practice on the connection between movement and cognitive processing

PERFORMANCES EXHIBITIONS (SELECTION)

- 2024 **Intersp[ae](c)ies: An Archaeology of Future Anatomies**, Solo Exhibition and Curation of Group Exhibition, INNERSCAPES Festival, Leonidio Greece
- 2023 **Not Unlike a Plant, video performance**, by Evi Stamou, Pietro Radin. I performed and choreographed the somatic video performance. The work has been screened in several festivals in EU
- 2023 **The Tent of Consciousness**, a participatory meditative Installation, Reflection space, co-creating social Narratives of Consciousness.
- 2022 **Embodied Democracy**, participation in the group residency exhibition “Picturing Democracy” at URBAN NATION, Berlin
- 2022 **SALT & RICE, by Pioneer & MIXA, 48h Neuköln**, I performances in the performative installation, by Pioneer, Berlin, DE
- 2022 **BODYSCAPES as LANDSCAPES**, Humandroid Festival at DOCKdigital lab Berlin, 14-24.09
- 2021 **Bodyscapes as Landscapes, INNERSCAPES festival, by LatoMeio Project**
performance on the embodiment of Landscapes, Leonidio, Greece
- 2020 **Co-Touch by Katrin Reshetnikova, Vera Shelkina, Кристина Петрова, Hellerau Festival**
immersive performance on the importance of human touch, Dresden, Germany

WORKSHOPS (DIRECTOR/FACILITATOR)

- 2025 **Inner Pulse: Discovering micromovement through vibrating Soundscapes**
BODYMIND awareness, movement precision and Sensory Flow through the interpretation of electronic music
- 2024 **A Modular Performance, Echos from the Earth**,
Practices of Commons, Ecosocial regeneration through performative enactments and Activism in the rural area of Leonidio, GR
- 2024 **The Universe of Affective Materialities: Grow your Art for Social Impact and Innovation**
Body prototyping and embodied ideation for social innovation
- 2024 **Dance like an Octopus: multiskills for 2024**
Theatrical movement improvisation for community bonding, COCA Studio, Leonidio, GR
- 2024 **MOVE like an Octopus**
Embodying Otherness through Awareness fo movement and space, Catgang Studio, Athens GR
- 2023 **Alternative Lab for Future Skills, FFG Project, 5 Workshops in collaboration with MKRZ Co.**
Performative & Qualitative Research on Manual Creation for Social and Interpersonal Competences
- 2023 **“Embodied Architecture”, research practice connecting movement & space**
[concept designer, facilitator], presented at The Martian Chronicles Residency #3, Leonidio, Greece
- 2022 **“How to reconnect”, Movement Research & Mental Mapping, hosted by Pioneer**,
[concept designer, facilitator], presented at MIXA project, Berlin, Germany
- 2022 **“Climb with Your Mind”, Neuroscience of visualization in climbing**
[concept director, facilitator], presented at Petzl Climbing Festival, Frankenjura, Germany
- 2021 **“Bodyscapes as Landscapes”, Research Movement Improvisation & Architecture**,
[concept director, facilitator], presented at Innerscapes LatoMeio Project Festival, Leonidio, Greece
- 2019 **“Molding the Void”, Research Movement Improvisation & Architecture**
Building performance on the concept of tensegrity, Patras-Greece, & Tanz Tage Festival at Fabrik Potsdam, Germany
- 2018 **“Molding the Void”, Research Movement Improvisation & Architecture & Aerial Movement**
movement research with live sound performance by Senior Gato, Berlin, Germany

RESIDENCIES (PARTICIPANT-TRAINEE)

2024 **Level-UP-Erasmus +**, by MOON10 and Lernlabor, Leonidio, DE

2024 **In C, movement research** and repertoire on the choreography by Sasha Waltz & Guests, with Hwnahee Hwang by A!ko Tanz Linz.AT

2024 **Harvesting Hope Erasmus +**, arts as a means for ecosocial regeneration, by LernLabor, Hanover, DE

2023 **The Martian Chronicles #3, Dreaming of (e)CO-Realities**, by LatoMeio Project, Leonidio, DE

2023 **Climb Into Youth Work Erasmus +**, by LernLabor, funded by ERASMUS +, ESP

2022 **Fresh A.I.R Picturing Democracy**, URBAN NATION, Berlin, DE

2022 **LABOR: Character Design meets Movement Research & participation in Humandroid Festival**, research on movement alignments in the virtual world of gaming, hosted by Crossplay & DE:HIVE at HTWBerlin, Germany

UPCOMING WORKS

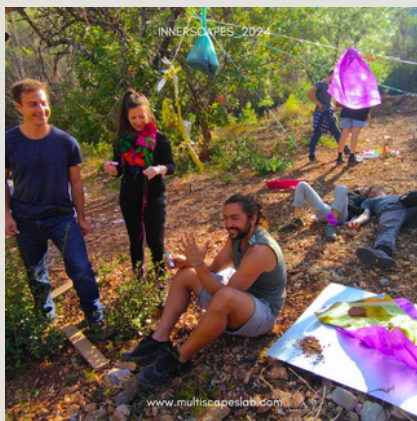
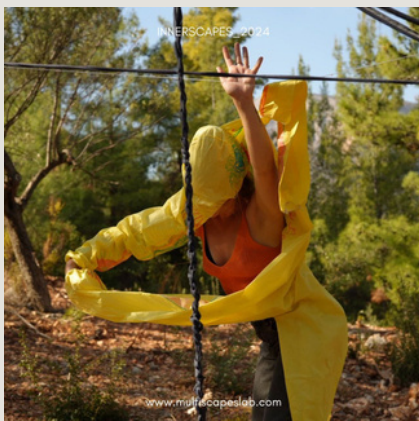
2025 **UnDesign**, workshop on Embodied Design Strategies for Eco-Social Innovation

2025 **Start Where You Are**, Coaching program for artists and cultural creators through the BODYMIND Architecture approach. Somatic exploration meets creativity and embodied critical reflection.

SELECTED WORKS (RELEVANT TO THE APPLICATION)

2024 **INNERSCAPES Festival, “Echos from the Earth”**

Practices of Commons, Ecosocial regeneration through performative enactments and Activism in the rural area of Leonidio, GR



A creative research community gathering related to the processes of reconnecting with the land, the history of a place, and the non-human narratives that shape our shared ecosystems. The group explored how to reconnect through performative enactments of caring for the land, and discussed mechanisms of reactivation of the decaying Olive field, in Leonidio Greece, through collective storyhearing and storytelling.

2022

The Tent of Consciousness

a participatory meditative Installation, Reflection space, co-creating social Narratives of Consciousness.
Funded by URBAN NATION Residency, Berlin, DE



Participatory installation with 3 rooms in a Tent. Each room is dedicated to a reflective process exploring the four stages of Consciousness according to Eastern philosophies, which ultimately brings us to a holistic perception of life as individual elements and as wholeness. The participants spent time meditating alone and at the end of the sessions came into the middle of the tent to draw their reflections and connect their narratives, establishing a sense of connection and bond.

2023

FFG project: Making is Thinking Alternative Lab for Future skills, MKRZ Lab, Linz. Exploring Material Culture through intuitive making and role play.

Workshop on Embodied Learning and Material Cultures, emphasizing the importance of touch and materiality in Cognitive developmental processes.

The participants were invited to embody a specific role during the process, a role that defined their actions and interactions with others in an open, improvised way and paid attention to the internal sensations, emotions and narrative s this process revealed.



2023

Bodyscapes As Landscapes, presented during the FFG Open Innovation days, by mkrz lab. Hosted by Artmagazine, tabak Fabrik Linz.



Bodyscapes as Landscapes is a practice of embodiment of the Realities to foster connections between the members of a group. The participants engaged in the process of Mental Mapping: a form of guided meditation on the Landscapes of their childhood, which was then built into a 3d map out of a single piece of paper. Each participant shared their map with a partner, and then the partner used the map to navigate the childhood map of another person. A practice to build empathy for others' upbringing experiences and a symbolic attempt at "acting from their perspective", fostering a sense of belonging and acceptance.



2022

How to reconnect, Exploring Urban Stories in Berlin Neighborhoods, through movement and Architecture. Mental Mapping as documentation of Practices of Commons. Berlin , DE



2019

Molding the void: The space weavers, A workshop on Somatic Architecture and how to embody the lives of non-human species, embody their mechanisms of inhabiting space and reflect on what humans can learn from other-than-human ways of "Life making". (learning from spiders and silkworms)



Performative methodology has been applied in various settings, from research workshops, performative installations and collective reflection practices. Latest implementation during the Open Innovation workshops: "The IDEA catcher", Linz Danube river. Linz.